



Introduction to the Philosophy of Yoga

Sun.,
Sept. 26th

2:00pm

FREE
in Celebration of
National Yoga Month

with

Shri

The goal of life is happiness. As we move through life we have acquired many things, pursued many interests and advanced in technology and education. Many years have passed since we set out on that goal, by designing a lifestyle towards that end. But the pursuit has remained a pursuit alone, with a few fleeting moments of happiness here and there and the goal being as elusive as it was years ago. This introductory talk looks at why that is so, and the vision of the ancient Yogis of how real happiness can be achieved.



Call 414-224-1519 to register or email info@yamayogastudio.com

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