

231 East Buffalo Street, Suite 201 Milwaukee, WI 53202

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www.yamayogastudio.com

# 2024-2025 Yama Yoga Teacher Training Program (RYT200+ hour)

2025

Jan 10-12, 2025

Feb 28-March 3, 2025 &

Feb 7-9, 2025

## PRELIMINARY APPLICATION FOR ADMISSION

Total Program Cost: \$3,300 (cash or check) Add 3% for credit card usage \$200 application fee at the time of applying (refundable if not accepted)
Early Bird \$3100 if application is received by May 15, 2024,
\$3000 if Paid In Full by July 15, 2024

Payment plans available, see options\*

In Person Program Dates and Times: Fridays 7-9PM. Saturday 12:00noon-6:30pm, Sunday 11am-6pm
Virtual and Live One-On-One Mentoring

### **Dates for Program:**

Sept 20-22, 2024

Oct 18-20, 2024

Nov 8-10, 2024

2024

(date changes may occur with the agreement of the participants)

## 2024-25 In Person schedule:

Dec 13-15, 2024	March 28-30, 2025 April 11-13, 2025 May 16-18, 2025		
PERSONAL INFORMATION			
Name (Last)	(First)		_ (MI)
Mailing Address			
City	State	Zip _	
Telephone (day)	_ (eve)	_ cell	<del>-</del>

Date of Birth	Email addre	ess	
U.S. Citizen/Permanent	ResidentYes	No	
If yes, passport number	if available:		
If no, please submit the	following information:		
Country of Citizenship _		Visa Type	Issue Date
Current Occupation:		Employe	r
Emergency Contact: Na	me		
Contact Telephone (hor	ne/work)	(	(cell)
How did you hear about	YamaYoga?		
EDUCATIONAL INF	ORMATION		
Do you have a high sch	ool diploma or equivale	ency?Yes	No
Please list all post-seco	ndary schools which yo	ou have attended,	whether or not you have received a
degree.			
Name/Address	Degree		Dates Attended
Any additional profession	nal training you have re	eceived or prior Yo	oga Teacher Training.
Name/Address	Type of Train	ning	Dates Attended

# 200-Hour Yama Yoga Teacher Training Program 2024-2025

Please complete the following questionnaire on a separate piece of paper and submit with application fee of \$200.

- 1. Describe yourself as a yoga student.
- What is your current practice?
- What is your experience with yoga?
- What are your personal goals with yoga?
- 2. Why are you interested in teaching yoga to others?
- What do you think your strengths will be as a teacher?
- What do you think will be challenging for you as a teacher?
- Teacher training requires commitment to maintaining your personal yoga practice, attending all in-person training sessions and approximately 3-5 hours of study and homework weekly (more/less depending on the week and your style). Reflecting on your current lifestyle and activities,
- Describe how easy or difficult this will be for you.
- What ideas do you have for accomplishing teacher training?
- What support would help you be successful in completing teacher training?

With acceptance to the program you will be contacted to schedule a personal interview for enrollment.

\*Payment Plans available (cash or check. 3% fee for credit card usage) \$200 application fee (refundable if not accepted)

#### With acceptance to the program:

\$3,300 Tuition Due by **September 1, 2024** (which includes application fee)

\$3,100 total if application is received by May 15, 2024 Early Bird discount \$200 Off OR

\$3,000 total if applied for and <u>paid in full</u> by May 15, 2024 Additional \$100 off when paid in full by the deadline.

#### **Installment Plan:**

\$775 Paid in four installments, dates due listed below

Due the first day of the following weekend's trainings – Sept., Nov., Jan. & the first weekend in March

Monthly payment option can be made available on a limited case-by-case basis. One Annual Scholarship of \$1,000 awarded per year. Apply by personal letter of application through School Director. (Scholarship will include loan of one set of required books for the duration of the program)

# **Cancellation Policy/Schedule:**

Prior to the start of the first weekend – 100% refund or studio credit **minus \$100 of the \$200 application fee** 

After start of the 6th weekend – No refunds or studio credits

After completion of at least:	But prior to completion of:	The refund will be:	
	The first day of class	100%	
1 unit/class	10% of the program	90%	
10%	20% of the program	80%	
20%	30% of the program	70%	
30%	40% of the program	60%	
40%	50% of the program	50%	
50%	60% of the program	40%	
60%	6 <sup>th</sup> Weekend	No refund	